GOVERNMENT OF THE
CENTRAL PROVINCES AND BERAR

ANNUAL REPORT

ON THE

MENTAL HOSPITAL, NAGPUR

IN THE

CENTRAL PROVINCES & BERAR

FOR THE YEAR

1940

NAGPUR
GOVERNMENT PRINTING, C. P. & BERAR
1941

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ANNUAL REPORT ON THE MENTAL HOSPITAL, NAGPUR, IN THE CENTRAL PROVINCES AND BERAR, FOR THE YEAR 1940

Buildings.—The scheme to modernise the existing buildings which was postponed by Government on account of financial stringency, has since been reconsidered and is likely to be carried through in part during the year 1941.

2. **Population (statement No. I).**—The number of resident patients at the beginning of the year was 404 males and 104 females, totalling 508. New admissions during the year were 114 [120] and the total population was 622 [613]. The daily average strength of the total population, excluding observation cases was 403.41 males and 107.49 females, total 510.90 [508.03]. Inculding observation cases, the daily average strength was 407.69 males and 108.44 females, total 516.13 [512.58]. The ratio percent of cases "cured" to daily average strength was 11.15 males and 5.58 females, total 9.98 [12.60]. The ratio percent of cases "cured" to new admissions was 17.20 males and 19.05 females, total 17.61 [25.83].

3. **Accommodation.**—The maximum number of resident patients on any one night was 411 males and 108 females [410 males and 104 females]. The accommodation available is for 458 males and 142 females, total 600.

4. **Discharges.**—The number of patients discharged during the year was 65 [81], 51 were discharged as cured, 3 as improved, 10 otherwise and 1 escaped. "Improved and other" cases were taken away by their relatives before they could have the full benefit of the treatment.

5. **Sickness and mortality.**—The mortality during the year was 38 [24] giving a percentage of 7.44 [4.72]. The causes of deaths were pulmonary tuberculosis 5, other tubercular infection 3, pneumonia 3, epilepsy 6, acute

mania 1, schizophrenia catatonia 3, secondary anæmia 6 colitis 2, bacillary dysentery 2, amœbic dysentery 1, paratyphoid 1, septicæmia 1, general debility (old age) 2, heart failure 1 and murder 1.

The following table shows the period of their stay in hospital:—

Between 20 to 30 years 2, between 15 to 20 years 2, between 10 to 15 years 3, between 5 to 10 years 10, between 2 to 5 years 10, between 1 to 2 years 1, under 1 year [of these 6 were received in bad state of health] 9. Total 38.

The general physical health of the patients was fair. The daily average sick was 20.12 [15.82]. Prophylactic measures against cholera and smallpox were taken as usual. Amongst the resident patients 65 were treated for ankylostome and 11.40 were found infected among new admissions. The death rate per cent for 1940 in Mental Hospitals in other provinces in India was as shown below:—

In Bombay ..	9.03
In Madras ..	6.28
In United Provinces ..	3.49
In the Ranchi European Mental Hospital.	2.58
In the Ranchi Indian Mental Hospital	2.40
In Punjab ..	2.84
In Assam ..	5.47

6. **Water scarcity.**—General sanitation of the institution could not be maintained at a high level owing to acute water scarcity. Hydrotherapeutic treatment had to be abandoned for a very long period. Vegetables raised in the hospital garden were also poor both in quality and quantity.

7. **Hydrotherapy and special treatment.**—Twenty cases of acute mania were treated by hydrotherapy with success. Eleven cases were treated by histamine combined with insulin of which one was discharged as cured and the remaining are still undergoing treatment. Eight cases were treated by organotherapy of which two were discharged as cured and one improved and the rest are still undergoing treatment.

Occupational Therapy.—Excepting the infirm and sick patients others were engaged in agriculture, road-making, weaving and dairy.

Dental treatment of patients.—Mr. D. M. Kuntay, L.M.P., L.D.S., was in charge from the 20th February 1940 to the end of the year.

8. **Cases under observation (statement No. II).**—Four cases were under observation on the 1st January 1940. Fifty-nine cases (including 2 re-admissions) were admitted for observation. Of these, 29 were certified as insane, 4 although certified were released under section 14 of the Lunacy Act, 14 were discharged as cured, 9 criminal cases were remanded to jail as they did not exhibit signs of insanity, and 7 remained at the close of the year.

9. **Criminal insane and insane criminals (statement No. III).**—The number of criminal insane and insane criminals at the beginning of the year was 126 males and 17 females, total 143. The number admitted during the year was 24 [26] males and 1 [1] female, total 25. Twenty were discharged, 8 died and the number at the close of the year was 124 males and 16 females, total 140.

10. **Religion, sex and residence (statement No. IV), age (statement No. V) and form of mental disorder (statement No. VI).**—These need no special comments.

11. **Probable cause of insanity (statement No. VII).**—History being defective the probable cause of insanity could not be ascertained in a large number of cases.

12. **Finance (statement No. VIII).**—The total amount spent for the upkeep of the hospital was Rs. 1,25,156 inclusive of Public Works Department charges amounting to Rs. 4,018 in round figures. Exclusive of the charges for the construction of quarters for the staff and other special repairs, the total amount spent is Rs 1,21,139 [Rs. 1,21,554]. The average cost for diet, clothing and bedding per patient per mensem was Rs. 7-3-11 [Rs. 6-11-5] and inclusive of treatment care and control the cost was Rs. 163-12-0 [Rs. 157] per patient per annum.

13. Visitors.—Official and non-official visitors attended the monthly meetings regularly.

14. Administration.—Mr. J. Roy, M.B., D.P.M., (Eng.), was in charge throughout the year except for the period from the 25th March to 22nd August 1940 when he was on leave and Mr. K. C. Dube, M.B., B.S., the Deputy Superintendent, held the charge in addition to his own duties. Mr. G. D. Pimpalkar, M.B., B.S., has been Deputy Superintendent from the 25th September 1940, *vice* Mr. K. C. Dube, proceeded on military service.

J. B. HANCE, Lt.-Col., I.M.S.,

NAGPUR: *Inspector-General of Civil Hospitals,*

The 7th April 1941. *Central Provinces and Berar.*

STATISTICAL STATEMENTS

STATEMENT No. I.—Showing admissions, etc., of patients in the Mental Hospital, Nagpur, during the year 1940, *and totals for two previous years.*

	1940			1939			1938		
	Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
1. Remained on the 1st January	404	104	508	391	102	493	378	102	480
2. Admitted ..	92	20	112	102	16	118	91	18	109
3. Re-admitted ..	1	1	2	1	1	2	5	..	5
4. Total population ..	497	125	622	494	119	613	474	120	594
5. Discharged—									
A.—Cured ..	45	6	51	57	7	64	58	9	67
B.—Transferred—									
Improved ..	2	1	3	7	..	7	3	..	3
Not improved ..	..	..	..	..	..	..	1	..	1
C.—Otherwise ..	9	2	11	9	1	10	6	1	7
D.—Total ..	56	9	65	73	8	81	68	10	78
6. Died ..	30	8	38	17	7	24	15	8	23
7. Remaining on the 31st December.	411	108	519	404	104	508	391	102	493
8. Daily average strength ..	403·41	107·49	510·90	403·43	104·60	508·03	381·99	104·75	486·74
9. Daily average sick ..	16·27	3·95	20·12	9·96	5·86	15·82	10·46	6·96	17·42
10. Percentage to—									
Daily average strength—									
A.—Cured ..	11·15	5·58	9·98	14·13	6·69	12·60	15·13	8·59	13·77
B.—Died ..	7·44	7·44	7·44	4·21	6·69	4·72	3·93	7·64	4·73
Admissions and re-admissions—									
C.—Cured ..	17·20	19·05	17·61	25·24	29·41	25·83	21·87	33·33	23·68
D.—Died ..	5·38	4·76	5·26	1·94	5·88	2·50	2·08	..	1·75

Note.—Observation cases are not included.

The capacity of the Nagpur Mental Hospital is at 54 superficial feet per patient, for 458 males and for 142 females, total 600.

The maximum number of patients confined on any one night during the year was 410 males and 104 females, total 514.

The maximum number of patients confined on any one night during the year 1939 was 402 males and 106 females, total 508.

The maximum number of patients confined on any one night during the year 1938 was 378 males and 104 females, total 482.

STATEMENT No. II.—Showing cases admitted for observation in the Mental Hospital, Nagpur, during the year 1940, and totals for two previous years.

	1940			1939			1938		
(1)	Male (2)	Fem. (3)	Total (4)	Male (5)	Fem. (6)	Total (7)	Male (8)	Fem. (9)	Total (10)
1. Remained on the 1st January.	3	1	4	7	2	9	1	1	2
2. Admitted ..	48	9	57	42	12	54	62	11	73
3. Re-admitted ..	1	1	2	2	..	2	4	..	4
4. Certified and admitted into the Mental Hospital.	22	7	29	29	9	38	34	9	43
5. Certified and released under section 14, Act IV of 1912.	3	1	4	1	2	3	5	..	5
6. Released as uncertifiable ..	21	2	23	17	2	19	20	..	20
7. Died ..	..	..	..	1	..	1	1	1	2
8. Remaining on the 31st December.	6	1	7	3	1	4	7	2	9

STATEMENT No. III—Return of criminal patients in the Mental Hospital, Nagpur, for the year 1940, and totals for two previous years.

—	1940			1939			1938		
(1)	Male (2)	Fem. (3)	Total (4)	Male (5)	Fem. (6)	Total (7)	Male (8)	Fem. (9)	Total (10)
1. Remained on the 1st January.	126	17	143	123	17	140	116	15	131
2. Admitted ..	24	1	25	25	1	26	28	3	31
3. Re-admitted ..	..	..	..	1	..	1	3	..	3
4. Total ..	150	18	168	149	18	167	147	18	165
5. Discharged, transferred, etc.	18	2	20	20	1	21	19	1	20
6. Died ..	8	..	8	3	..	3	5	..	5
7. Remaining on the 31st December.	124	16	140	126	17	143	123	17	140
8. Daily average strength ..	122·87	16·33	139·20	126·44	16·54	142·98	115·72	17·20	132·92

Notes.—(1) Two male criminal patients who had recovered but being criminal insanes were not discharged as their cases are governed by section 30 (1) of Prisoners' Act and section 471 (1) Criminal Procedure Code, were included in item 12. As they have relapsed into insanity they are now transferred to their disease column, *viz.*, item 2. This explains the apparent discrepancy under disease columns 2 and 12. (2) Figures exhibited exclude observation cases.

STATEMENT No. IV.—Showing the religion, sex and residence of patients admitted into the Mental Hospital, Nagpur, during the year 1940, *and totals for two previous years.*

District	Hindus			Muhammadans			Christians						Other castes			Totals		
							Europeans and Anglo-Indians			Indians								
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)
Akola ..	3	..	3	..	..	..	..	..	..	..	..	..	..	..	..	3	..	3
Amraoti ..	10	2	12	2	..	2	..	..	..	..	..	..	..	..	..	12	2	14
Balaghat .	4	..	4	..	..	..	..	..	..	..	..	..	..	..	..	4	..	4
Betul ..	2	..	2	1	..	1	..	..	..	..	..	..	..	..	..	3	..	3
Bhandara ..	..	1	1	..	..	..	..	..	..	1	..	1	..	..	..	1	1	2
Bilaspur ..	2	..	2	..	..	..	..	..	..	..	..	..	..	..	..	2	..	2
Chanda ..	..	..	..	..	..	..	..	..	..	1	..	1	..	..	..	1	..	1
Chhindwara ..	3	..	3	2	..	2	..	..	..	..	..	..	..	..	..	5	..	5
Hoshangabad ..	3	..	3	3	..	3	..	..	..	1	..	1	..	..	..	7	..	7
Jubbulpore ..	7	2	9	2	..	2	..	..	..	..	..	..	..	..	.	9	2	11
Nagpur ..	13	6	19	3	..	3	..	..	..	..	1	1	..	..	.	16	7	23
Nimar ..	5	2	7	1	1	2	..	..	..	..	..	..	..	..	..	6	3	9
Raipur ..	9	2	11	1	..	1	..	..	..	..	..	..	..	..	..	19	2	12
Saugor ..	..	1	1	..	..	..	..	..	..	..	..	..	..	..	..	..	1	1
Wardha ..	2	..	2	1	..	1	..	..	..	..	..	..	..	..	..	3	..	3
Yeotmal ..	5	2	7	..	..	..	..	..	..	..	..	..	..	..	..	5	2	7
Buldana ..	5	1	6	..	..	..	..	..	..	..	..	..	..	..	..	5	1	6
Mhow Cantonment	1	..	1	..	..	..	..	..	..	..	..	..	..	..	..	1	..	1
Total ..	74	19	93	16	1	17	..	..	..	3	1	4	..	..	..	93	21	114
Figures for 1939	84	14	98	18	3	21	..	..	..	1	..	1	..	..	..	103	17	120
Figures for 1938	80	14	94	13	2	15	..	..	..	3	2	5	..	..	..	96	18	114

STATEMENT No. V.—Showing the ages of patients admitted into the Mental Hospital, Nagpur, during the year 1940, and totals for two previous years.

	1940			1939			1938		
	Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
1. Under 20 ..	5	2	7	2	..	2	3	3	6
2. From 20 to 40 ..	78	16	94	80	14	94	70	13	83
3. From 40 to 60 ..	10	3	13	21	3	24	22	1	23
4. Upwards of 60 ..	..	..	..	..	..	..	1	1	2
5. Total ..	93	21	114	103	17	120	96	18	114

Note.—Figures exhibited exclude observation cases.

STATEMENT No. VI.—Showing the form of mental disorder in the admissions, discharges, recoveries and deaths among the patients in the Mental Hospital, Nagpur, during the year ending the 31st December 1940.

Form of mental disorder	Remaining on 31st December of the preceding year			Admissions during the year			Total			Discharges: Recoveries			Discharges: Otherwise			Deaths			Remaining on the 31st December 1940		
(M.—Male. F.—Female. T.—Total)	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
1. Mental deficiency ..	55	9	64	4	1	5	59	10	69	..	..	.	..	1	1	4	..	4	55	9	64
2. Manic depressive insanity ..	55*	12	67	29	2	31	84	14	98	19	1	20	1	..	1	4	1	5	61	12	73†
3. Mania ..	56	15	71	22	7	29	78	22	100	15	3	18	1	..	1	5	4	9	59	15	74†
4. Melancholia ..	48	11	59	2	1	3	50	12	62	2	1	3	2	..	2	2	..	2	45	11	56†
5. Schizophrenia including dementia praecox. ..	89	13	102	15	7	22	104	20	124	1	..	1	4	1	5	8	1	9	91	18	109
6. Secondary dementia ..	5	2	7	..	..	..	5	2	7	..	..	..	..	..	..	..	..	..	5	2	7
7. Paranoia and paranoid states ..	27	2	29	8	1	9	35	3	38	2	..	2	2	..	2	..	..	..	31	3	34
8. Epilepsy and epileptic insanity ..	28	12	40	5	1	6	33	13	46	..	..	..	..	..	..	6	1	7	27	12	39
9. Toxic psychosis— ..																					
(a) Acute confusional insanity	1	3	4	1	.	1	2	3	5	..	..	..	..	1	1	..	1	1	2	1	3
(b) Alcoholic psychosis ..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
(c) Cannabis indicae psychosis	7	..	7	1	..	1	8	..	8	2	.	2	..	..	..	..	..	..	6	..	6

(*d*) Of endocrine origin ..	..	1	1	..	..	..	..	1	1	..	1	1	..	..	..	..	..	..	..	..	..
(*e*) In relation to child-bearing	..	14	14	..	1	1	..	15	15	..	..	..	..	..	..	..	..	..	..	15	15
(*f*) In relation to other constitutional diseases.	1	..	1	..	..	..	1	..	1	..	..	..	..	..	..	..	..	..	1	..	1
10. Organic psychosis—																					
(*a*) General ..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
(*b*) Cerebral syphilis ..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
(*c*) Arteriopathis and senile psychosis.	12	8	20	..	..	..	12	8	20	..	..	..	..	..	..	1	..	1	11	8	19
(*d*) Encephalitis ..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
(*e*) Other cerebral lesions ..	..	..	..	1	..	1	1	..	1	..	..	..	..	..	..	..	..	..	1	..	1
11. Neurosis and psychoneurosis ..	1	1	2	..	..	..	1	1	2	..	..	..	1	..	1	..	..	..	..	1	1
12. No appreciable disease ..	19	1	20	5	..	5	24	1	25	4	..	4	..	..	..	..	..	..	16	1	17†
13. Not yet diagnosed (discharged before certification).	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Total ..	404	104	508	93	21	114	497	125	622	45	6	51	11	3	14	30	8	38	411	108	519

* One male patient was shown as not yet diagnosed. He has been since diagnosed and returned under item 2. This explains the apparent discrepancy between items 2 and 13 remaining on the 31st December 1940.

†Four male criminal patients who had recovered but being criminal insanes were not discharged as their cases are governed by section 471 (1), Criminal Procedure Code, and section 30 (1) of Prisoners' Act, were included in item 12. As they have relapsed into insanity they are now transferred to their disease columns, *viz.*, items 2, 3 and 4. This explains the apparent discrepancy under disease columns 2, 3, 4 and 12, remaining on the 31st December 1940.

STATEMENT No. VII.—Showing the probable cause of insanity in the patients admitted into the Mental Hospital, Nagpur, during the year ending the 31*st December* 1940.

Cause of insanity	Predisposing causes			Exciting causes			Total		
	Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
Mental Stress.									
Moral ..	1	..	1	..	..	..	1	..	1
Business worry ..	1	..	1	..	..	..	1	..	1
Domestic worry ..	..	..	..	4	4	8	4	4	8
Stress of military service ..	..	..	..	..	..	..	..	..	..
Toxins.									
Canabia indica ..	1	..	1	9	..	9	10	..	10
Alcohol ..	..	..	..	..	..	..	..	..	..
Other toxins ..	..	..	..	..	..	..	..	..	..
Physical ..	2	..	2	7	2	9	9	2	11
Opium ..	..	..	..	..	..	..	..	..	..
Bodily illness ..	..	..	..	1	..	1	1	..	1
Pregnancy ..	..	..	..	..	..	..	..	..	..
Child-birth ..	..	1	1	..	..	..	..	1	1
Climateric ..	..	..	..	..	3	3	..	3	3
Epilepsy ..	..	..	..	5	..	5	5	..	5
Head injuries ..	..	..	..	..	..	..	..	..	..
Infections.									
Encephalitis lethargica ..	..	..	..	..	..	..	..	..	..
Influenza ..	..	..	..	..	..	..	..	..	..
Syphilis ..	..	..	..	..	..	..	..	..	..
Other infections ..	1	..	1	1	..	1	2	..	2
Old age ..	2	..	2	1	..	1	3	..	3
Hereditary predisposition ..	17	4	21	2	2	4	19	6	25
Previous attacks ..	21	1	22	..	..	..	21	1	22
Unascertained ..	53	15	68	64	10	74	117	25	142
Total ..	99	21	120	94*	21	115	193	42	235

*There were more than one pre disposing cause.

STATEMENT NO. VIII,—Cash Account of the Mental Hospital, Nagpur for the year 1940, *and totals for two previous years.*

(1)	1940 (2)	1939 (3)	1938 (4)
	Rs. a. p.	Rs. a. p.	Rs. a. p
Receipts			
1. Received from treasury ..	93,558 14 9	92,067 3 10	89,414 3 10
2. Received from paying patients ..	10,903 15 10	12,130 2 1	11,491 6 3
3. Value of stores received from the manufacturing department *less* costs of raw materials.	13,742 8 9	13,778 4 6	15,548 4 9
4. Book receipts, *i.e.*, the total of expenditure entered in columns 11, 12 and 13.	5,704 9 6	23,402 14 9	81,174 2 0
5. Miscellaneous receipts ..	1,246 5 3	1,375 2 9	812 9 6
6. Total ..	1,25,156 6 1	1,47,753 11 11	1,98,440 10 4
Charges			
1. Establishment—			
Establishment proper ..	29,431 14 0	28,817 6 0	26,027 6 0
Superintendence ..	14,731 5 0	15,007 8 0	12,549 2 0
2. Diet ..	37,063 14 9	33,945 8 11	38,046 12 6
3. Clothing and bedding ..	7,357 6 6	6,966 3 9	6,150 2 6
4. Bazar medicines ..	..	..	..
5. Contingencies proper ..	15,703 7 3	16,354 9 8	16,339 9 7
6. Repairs and maintenance ..	..	..	..
7. Rates and taxes ..	3,013 8 0	4,754 4 0	4,849 8 0
8. Remitted to treasury on account of paying patients, etc.	10,903 15 10	12,130 2 1	11,491 6 3
9. Miscellaneous items ..	1,246 5 3	1,375 2 9	812 9 6
10. Total of columns 1 to 9 ..	1,19,451 12 7	1,19,350 13 2	1,17,266 8 4
Book charges			
11. Charges on account of work done by the Public Works Department.	4,017 8 6	22,200 7 9	79,152 0 0
12. Cost of printed forms and stationery.	..	..	..
13. Cost of English stores, medicines, etc.	1,687 1 0	1,202 7 0	2,022 2 0
14. Totals of columns 10 to 13 .	1,25,156 6 1	1,42,753 11 11	1,98,440 10 4

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